

# October 2017



## K-5 Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 Dunkin Stick Cereal Varieties Donut Ball Varieties Muffin Varieties Cinnamon Toast PopTart Varieties Chilled Fruit Juice Craisins	3 Sausage Biscuit Biscuit with Jelly Cereal Varieties Donut Ball Varieties Muffin Varieties PopTart Varieties Chilled Fruit Juice Gold Rush Fruitable	4 Pancake on A Stick Cereal Varieties Donut Ball Varieties Muffin Varieties Buttered Toast PopTart Varieties Chilled Fruit Juice Applesauce	5 Chicken Biscuit Biscuit with Jelly Cereal Varieties Donut Ball Varieties Muffin Varieties PopTart Varieties Chilled Fruit Juice Banana	6 Muffin Varieties Cereal Varieties Donut Ball Varieties Cinnamon Toast PopTart Varieties Chilled Fruit Juice Fruit Bowl
9 French Toast Sticks w/Syrup Cereal Varieties Donut Ball Varieties Muffin Varieties Buttered Toast PopTart Varieties Chilled Fruit Juice Craisins	10 Sausage Biscuit Biscuit with Jelly Cereal Varieties Donut Ball Varieties Muffin Varieties PopTart Varieties Chilled Fruit Juice Gold Rush Fruitable	11 Pancake on A Stick Cereal Varieties Donut Ball Varieties Muffin Varieties Buttered Toast PopTart Varieties Chilled Fruit Juice Applesauce	12 Chicken Biscuit Biscuit with Jelly Cereal Varieties Donut Ball Varieties Muffin Varieties PopTart Varieties Chilled Fruit Juice Banana	13 Dutch Waffle Cinnamon Roll Cereal Varieties Donut Ball Varieties Muffin Varieties PopTart Varieties Chilled Fruit Juice Fruit Bowl
16 Dunkin Stick Cereal Varieties Donut Ball Varieties Muffin Varieties Cinnamon Toast PopTart Varieties Chilled Fruit Juice Craisins	17 Sausage Biscuit Biscuit with Jelly Cereal Varieties Donut Ball Varieties Muffin Varieties PopTart Varieties Chilled Fruit Juice Gold Rush Fruitable	18 Pancake on A Stick Cereal Varieties Donut Ball Varieties Muffin Varieties Buttered Toast PopTart Varieties Chilled Fruit Juice Applesauce	19 Chicken Biscuit Biscuit with Jelly Cereal Varieties Donut Ball Varieties Muffin Varieties PopTart Varieties Chilled Fruit Juice Banana	20 Muffin Varieties Cereal Varieties Donut Ball Varieties Cinnamon Toast PopTart Varieties Chilled Fruit Juice Fruit Bowl
23 French Toast Sticks w/Syrup Cereal Varieties Donut Ball Varieties Muffin Varieties Buttered Toast PopTart Varieties Chilled Fruit Juice Craisins	24 Sausage Biscuit Biscuit with Jelly Cereal Varieties Donut Ball Varieties Muffin Varieties PopTart Varieties Chilled Fruit Juice Gold Rush Fruitable	25 Pancake on A Stick Cereal Varieties Donut Ball Varieties Muffin Varieties Buttered Toast PopTart Varieties Chilled Fruit Juice Applesauce	26 Chicken Biscuit Biscuit with Jelly Cereal Varieties Donut Ball Varieties Muffin Varieties PopTart Varieties Chilled Fruit Juice Banana	27 Dutch Waffle Cinnamon Roll Cereal Varieties Donut Ball Varieties Muffin Varieties PopTart Varieties Chilled Fruit Juice Fruit Bowl

**Students *must* select 3 items, one of which is 1/2 cup fruit or vegetable.**

**Meal Prices:**  
**Breakfast**  
 K-12 \$1.00  
**Lunch**  
 K-5th \$2.00  
 6th - 12th \$2.20

**Low Fat and Fat Free Milk varieties available with all meals.**

**No School!**

31  
Sausage Biscuit  
Biscuit with Jelly  
Cereal Varieties  
Donut Ball Varieties  
Muffin Varieties  
PopTart Varieties  
Chilled Fruit Juice  
Gold Rush Fruitable

**HAPPY HALLOWEEN!**



Menus subject to change based on food availability.  
 This institution is an equal opportunity provider.

